

## The Pursuit of Happiness: Week 2

### A Study of Matthew 5:3-10

- <sup>3</sup>Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.
- <sup>4</sup>Blessed are those who mourn,  
for they will be comforted.
- <sup>5</sup>Blessed are the meek,  
for they will inherit the earth.
- <sup>6</sup>Blessed are those who hunger and thirst for  
righteousness,  
for they will be filled.
- <sup>7</sup>Blessed are the merciful,  
for they will be shown mercy.
- <sup>8</sup>Blessed are the pure in heart,  
for they will see God.
- <sup>9</sup>Blessed are the peacemakers,  
for they will be called sons of God.
- <sup>10</sup>Blessed are those who are persecuted because of  
righteousness,  
for theirs is the kingdom of heaven.
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“Blessed are the meek,  
for they will inherit the earth.”

When we \_\_\_\_\_ we're on  
the road to real happiness.

Psalm 37:11, “The meek will inherit the land.”

- What fills my thoughts? What is the first thing on my mind in the morning and the last thing on my mind at night?
  - How would I answer the question: “If only \_\_\_\_\_, then I would be happy, fulfilled, and secure”?
  - What do I want to preserve or to avoid at all costs?
  - What do I fear?
  - When a certain desire is not met, do I feel frustration, anxiety, resentment, bitterness, anger, or depression?
  - Is there something I desire so much that I am willing to disappoint or hurt others in order to have it?
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“Blessed are those who hunger and thirst for righteousness, for they will be filled.”

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the road to real happiness.

**Psalm 42:1-2 (HCSB)**, “As a deer longs for streams of water, so I long for You, God. I thirst for God, the living God.”